



Calendar Year: 2026/2027

# PROGRAM PLANNING GUIDE

Name: \_\_\_\_\_

ID:

## Bachelor of Arts

### Sociology



Sociology is the study of society, including the interaction between individuals, groups, and institutions. Sociological study helps develop original ways of looking at the world and the individual's place within it. By studying sociology, you will gain insight into how people interact with one another and how values and beliefs both shape and are shaped by the structures and processes around us. The primary goal of the discipline is to stimulate sociological thinking — applying imagination and critical analysis to the many facets of social life.

#### What determines my program requirements?

Please refer to the Academic Calendar ([www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar)) for complete program information.

**Calendar Year:** 2026/2027 - Your calendar year is set to the academic year you are admitted (or readmitted) and you should follow the requirements for that year for the duration of your program.

**Faculty/School:** Faculty of Arts and Science ([www.ulethbridge.ca/artsci](http://www.ulethbridge.ca/artsci))

**Program(s):** Bachelor of Arts

**Major(s):** Sociology

**Minor:** A defined set of courses, designed to provide depth in a particular discipline, study in an interdisciplinary area, or focus on a theme-related topic. To learn more about optional minors see [www.ulethbridge.ca/ross/minors](http://www.ulethbridge.ca/ross/minors).

#### Am I admissible to this program?

**Admission:** [www.ulethbridge.ca/ross/admissions/undergrad](http://www.ulethbridge.ca/ross/admissions/undergrad)

**Transfer:** [www.ulethbridge.ca/ross/transfer-resources](http://www.ulethbridge.ca/ross/transfer-resources)

#### When/How do I apply to the University?

**Deadlines:** [www.ulethbridge.ca/ross/admissions/undergrad/deadlines](http://www.ulethbridge.ca/ross/admissions/undergrad/deadlines)

**Step-by-Step:** [www.ulethbridge.ca/ross/admissions/step-by-step](http://www.ulethbridge.ca/ross/admissions/step-by-step)

#### Where can I find information on courses?

**Course Catalogue:** [www.ulethbridge.ca/ross/courses](http://www.ulethbridge.ca/ross/courses)

**Registration Guide:** [www.ulethbridge.ca/ross/registration-guide](http://www.ulethbridge.ca/ross/registration-guide)

#### When can I register for classes?

**Register early!** (March for Summer and Fall; November for Winter)

**Registration Dates:** [www.ulethbridge.ca/ross/registration-dates](http://www.ulethbridge.ca/ross/registration-dates)

#### How can I enhance my program?

**Career Bridge:** [www.ulethbridge.ca/career-bridge](http://www.ulethbridge.ca/career-bridge)

**Co-op Education:** [www.ulethbridge.ca/career-bridge/co-operative-education](http://www.ulethbridge.ca/career-bridge/co-operative-education)

**Honours Thesis:** [www.ulethbridge.ca/ross/undergraduate-thesis](http://www.ulethbridge.ca/ross/undergraduate-thesis)

**Double Major:** [www.ulethbridge.ca/ross/double-major](http://www.ulethbridge.ca/ross/double-major)

#### What supports are available to students?

**Student Services:** [www.ulethbridge.ca/campus-life/student-services](http://www.ulethbridge.ca/campus-life/student-services)

**Student Success Centre:** [www.ulethbridge.ca/student-success-centre](http://www.ulethbridge.ca/student-success-centre)

**Accessible Learning:** [www.ulethbridge.ca/ross/alc](http://www.ulethbridge.ca/ross/alc)

**Counselling Services:** [www.ulethbridge.ca/counselling](http://www.ulethbridge.ca/counselling)



Version: February 17, 2026

Contact an Academic Advisor ([www.ulethbridge.ca/ross/academic-advising](http://www.ulethbridge.ca/ross/academic-advising)) for advising information

This is a planning guide and not a graduation check or guarantee of course offerings. You should have a program check done in your final year of studies. Students are responsible for ensuring they have met program requirements. This guide should be used in conjunction with the University of Lethbridge Academic Calendar, which is the final authority on program requirements and academic regulations.



**Required courses and notes**

Name: \_\_\_\_\_

ID: 

--	--	--	--	--	--	--	--	--	--

**Major Requirements (16 Courses)**

- \_\_\_\_\_ 1. Sociology 1000 - Introduction to Sociology
- \_\_\_\_\_ 2. Sociology 2100 - Research Methodology
- \_\_\_\_\_ 3. Sociology 2130 - Quantitative Research Practice
- \_\_\_\_\_ 4. Sociology 3120 - Qualitative Research Methods
- \_\_\_\_\_ 5. Sociology 3210 - Classical Sociological Theory
- \_\_\_\_\_ 6. Sociology 3220 - Contemporary Sociological Theory
- \_\_\_\_\_ 7.-8. Two additional courses (6.0 credit hours) in Sociology at the 2000 level
  - \_\_\_\_\_ 7. \_\_\_\_\_
  - \_\_\_\_\_ 8. \_\_\_\_\_
- \_\_\_\_\_ 9.-13. Five additional courses (15.0 credit hours) in Sociology at the 3000/4000 level
  - \_\_\_\_\_ 9. \_\_\_\_\_
  - \_\_\_\_\_ 10. \_\_\_\_\_
  - \_\_\_\_\_ 11. \_\_\_\_\_
  - \_\_\_\_\_ 12. \_\_\_\_\_
  - \_\_\_\_\_ 13. \_\_\_\_\_
- \_\_\_\_\_ 14.-16. Three courses (9.0 credit hours) in Sociology at the 4000 level
  - \_\_\_\_\_ 14. \_\_\_\_\_
  - \_\_\_\_\_ 15. \_\_\_\_\_
  - \_\_\_\_\_ 16. \_\_\_\_\_

**Electives (24 Courses)**

- \_\_\_\_\_ 17.-40. Twenty-four additional courses (72.0 credit hours) chosen to complete program requirements
  - \_\_\_\_\_ 17. \_\_\_\_\_
  - \_\_\_\_\_ 18. \_\_\_\_\_
  - \_\_\_\_\_ 19. \_\_\_\_\_
  - \_\_\_\_\_ 20. \_\_\_\_\_
  - \_\_\_\_\_ 21. \_\_\_\_\_
  - \_\_\_\_\_ 22. \_\_\_\_\_
  - \_\_\_\_\_ 23. \_\_\_\_\_
  - \_\_\_\_\_ 24. \_\_\_\_\_
  - \_\_\_\_\_ 25. \_\_\_\_\_
  - \_\_\_\_\_ 26. \_\_\_\_\_
  - \_\_\_\_\_ 27. \_\_\_\_\_
  - \_\_\_\_\_ 28. \_\_\_\_\_
  - \_\_\_\_\_ 29. \_\_\_\_\_
  - \_\_\_\_\_ 30. \_\_\_\_\_
  - \_\_\_\_\_ 31. \_\_\_\_\_
  - \_\_\_\_\_ 32. \_\_\_\_\_
  - \_\_\_\_\_ 33. \_\_\_\_\_
  - \_\_\_\_\_ 34. \_\_\_\_\_
  - \_\_\_\_\_ 35. \_\_\_\_\_
  - \_\_\_\_\_ 36. \_\_\_\_\_
  - \_\_\_\_\_ 37. \_\_\_\_\_
  - \_\_\_\_\_ 38. \_\_\_\_\_
  - \_\_\_\_\_ 39. \_\_\_\_\_
  - \_\_\_\_\_ 40. \_\_\_\_\_



Name: \_\_\_\_\_

ID: 

--	--	--	--	--	--	--	--	--	--

**Liberal Education List Requirement**

Only four courses (12.0 credit hours) in total may be counted from any one discipline toward the Lib Ed Requirement. Disciplines are identified by separate course subject codes. Cross-listed courses count toward the limit for both disciplines (e.g. Geography 3225/Global Business 3225 counts toward the limit for Geography and Dhillon School of Business courses).

Only four courses (12.0 credit hours) in total from the Faculty of Education (EDUC), Faculty of Health Sciences (AMHC, HLSC, INHL, NURS, PUBH, and TREC), and the Dhillon School of Business (ACCT, AGEM, DGTR, FINC, GLBU, HRLR, IGBM, MGT, and MKTG) may be counted towards the Lib Ed Requirement.

To determine if a course has a Liberal Education designation, see School of Liberal Education in the 2026/2027 University of Lethbridge Undergraduate Calendar, [www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar).

\_\_\_\_\_ **1.-4. List I: Fine Arts and Humanities**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_

\_\_\_\_\_ **5.-8. List II: Social Science**

- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_

\_\_\_\_\_ **9.-12. List III: Science**

- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_

**General Requirements**

- \_\_\_\_\_ A minimum of 40 courses (120.0 credit hours) with a GPA of at least 2.00.
- \_\_\_\_\_ A maximum of five Independent Study courses (15.0 credit hours) may be completed for credit towards the degree.
- \_\_\_\_\_ A maximum of five Disciplinary Credit Applied Studies courses (15.0 credit hours) may be completed for credit towards the degree. Students may, in addition, complete Applied Studies 2000, 2001, 2010, and 2011.
- \_\_\_\_\_ A maximum of 24 courses (72.0 credit hours) may be completed from any one discipline for credit towards the degree. Disciplines are identified by a specific course label (e.g. KNES, ASTR, and HIST are separate disciplines).
- \_\_\_\_\_ A maximum of 6.0 credit hours in Activity courses (i.e. courses labelled PHAC and MUSE) may be completed for credit towards the degree, except for Kinesiology majors (not more than 15.0 credit hours) and Music majors (not more than 12.0 credit hours).
- \_\_\_\_\_ A maximum of six courses (18.0 credit hours) from disciplines offered outside the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education may be completed for credit towards the degree (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC). Courses cross-listed between the Faculty of Arts and Science and another Faculty or School do not count towards this limit.
- \_\_\_\_\_ Residence requirement: a minimum of 20 courses (60.0 credit hours) must be completed at the University of Lethbridge, including at least 10 courses (30.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level. At least half of the courses required in the major must be completed at the University of Lethbridge.

A **maximum** of 12 courses (36.0 credit hours) may be completed at the 1000 level (or lower) for credit towards the degree, excluding Activity courses (labelled PHAC and MUSE) and courses numbered in the range of 0520 to 0530.

\_\_\_\_\_ **1.-12. Introductory Course Limit**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_
- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_

A **minimum** of 15 courses (45.0 credit hours) from disciplines offered by the Faculty of Arts and Science, Faculty of Fine Arts, or School of Liberal Education at the 3000/4000 level, excluding Activity courses (labelled PHAC and MUSE). Out-of-faculty courses (i.e. labelled ACCT, AGEM, AMHC, CDEV, CRED, DGTR, EDUC, FINC, GLBU, HLSC, HRLR, IGBM, INHL, MGT, MKTG, NURS, PUBH, and TREC) will not meet this requirement.

\_\_\_\_\_ **1.-15. Senior Course Requirement**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_
- \_\_\_\_\_ 7. \_\_\_\_\_
- \_\_\_\_\_ 8. \_\_\_\_\_
- \_\_\_\_\_ 9. \_\_\_\_\_
- \_\_\_\_\_ 10. \_\_\_\_\_
- \_\_\_\_\_ 11. \_\_\_\_\_
- \_\_\_\_\_ 12. \_\_\_\_\_
- \_\_\_\_\_ 13. \_\_\_\_\_
- \_\_\_\_\_ 14. \_\_\_\_\_
- \_\_\_\_\_ 15. \_\_\_\_\_

**Optional Minor:** \_\_\_\_\_

For information about minors see **Minors** in the 2026/2027 University of Lethbridge Calendar, [www.ulethbridge.ca/ross/academic-calendar](http://www.ulethbridge.ca/ross/academic-calendar). Consult with an Academic Advisor if you wish to add a minor to your program.

\_\_\_\_\_ **1.-6. Required Courses**

- \_\_\_\_\_ 1. \_\_\_\_\_
- \_\_\_\_\_ 2. \_\_\_\_\_
- \_\_\_\_\_ 3. \_\_\_\_\_
- \_\_\_\_\_ 4. \_\_\_\_\_
- \_\_\_\_\_ 5. \_\_\_\_\_
- \_\_\_\_\_ 6. \_\_\_\_\_



Name: \_\_\_\_\_

ID: 

--	--	--	--	--	--	--	--	--	--

Shown below is the recommended sequence of courses for your degree. Consult timetables for course offerings, prerequisites, and corequisites before registering each term as some courses may have limited offerings (ie. once a year, alternating years, or only offered in the Fall or Winter terms).

Consult with an Academic Advisor in your faculty if you wish to alter this sequence with regard to the specifically listed courses.

**Note that this sequence was prepared based on course scheduling at the time of publication and may change during your studies.**

### First Year

**Sociology 1000**

- Sociology 2000 level
- Lib Ed Requirement course

### Second Year

**Sociology 2100**

- Sociology 2130**
- Sociology 2000 level
- Sociology 3000/4000 level
- Elective
- Elective
- Elective
- Elective
- Elective
- Elective

### Third Year

- Sociology 3120
- Sociology 3210
- Sociology 3220
- Sociology 3000/4000 level
- Sociology 4000 level
- Elective 3000/4000 level
- Elective
- Elective
- Elective
- Elective

### Fourth Year

- Sociology 4000 level
- Sociology 4000 level
- Sociology 3000/4000 level
- Sociology 3000/4000 level
- Sociology 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective 3000/4000 level
- Elective
- Elective

**Note:** Courses in bold in Years 1 and 2 of the sample sequence are prerequisite(s) for required courses and should be completed early in your program. Students are advised to review the prerequisites for elective courses within the major and plan accordingly.